

ODC-WOODBRIDGE

THISTLEWOOD DIAGNOSTIC CENTER 8077 Islington Avenue, Suite 110 Woodbridge, Ontario L4L 7X7

905-856-7061 Fax: 905-856-7062 odcwoodbridge@gmail.com

WHEELCHAIR ACCESIBLE

FEMALE TECHNOLOGISTS

AVAILABLE

CLINIC HOURS

Mon-Fri: 8:00 AM to 4:00 PM Saturday: 8:00 AM to 2:00 PM

FREE PARKING

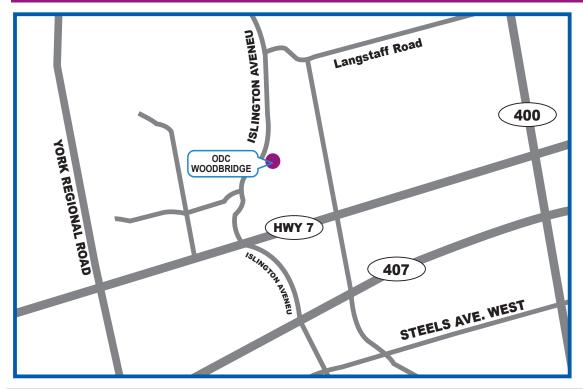
Appointment

Date & Time

Name				D.O.B.	Sex M F	Health No. & V.C.	
Address				IWI 1	Tel, No.		
	BONE DENSITY (NO APPOINTMENT NEEDED/BASED ON AVAILABILITY) *max weight limit: 300lbs.				ULTRASOUND EXAMINATIONS (BY APPOINTMENT ONLY)		
□ CD		Baseline Low Risk - 5yr			GENERAL Breast Ultrasound B B		
		•		gh Risk - 1yr			
		O APPOINTMENT REQU		AbdomenRenal + Bladder			
ABDOMEN		UPPER EXTREMITIES		LOWER EXTREMITIES		VR-Post Void Residual bdomen & Pelvis ncludes transvaginal unless contraindicated) elvis: ncludes transvaginal unless contraindicated) lale Pelvis: bdominal Wall rostate-Transrectal esticular / Scrotum	
☐ Single view (KUB)		■ □ Shoulder		® □ Hip ® □ Femur	☐ Abdo		
Acute (Includes PA & Chest)		Claviolo		■ ■ Femur ■ ■ Knee			
HEAD & NECK		A.C. Joints		■ ■ Kilee ■ □ Tib & Fib			
☐ Skull		■ □ Scapula		■ □ Ankle			
☐ Sinuses		■ □ Humerus		■ □ Foot	☐ Abdo		
Soft Tissue of Neck		■ L Elbow		■ L Heel			
Nasal Bones		■ □ Forearm		■ ■ Toes - N° 1 2 3 4 5			
Facial Bones		■ U Wrist			TransvaginalAortalnguinal		
Mandible		■ □ Scaphoid		SPINE & PELVIS		☐ Groin/Hernia	
T.M. Joints		■ □ Hand		☐ Cervical Spine	NECK		
☐ Orbits ☐		□ Finger		Thoracic SpineLumbo-Sacral Spine	☐ Thyr		
CHEST		N° 1 2 3 4 5		L/S Spine, Pelvis	☐ Saliv		
☐ Chest (PA & LAT)				& S.I. Joints	OBSTE	I IPS (NT) (11-13 wks, 6 days) I OB Routine Anatomy Scan (18-20wks) I Bio physical Profile (>30 Weeks)	
☐ Ribs R ☐ B		SKELETAL SURVEY		☐ Sacrum & Coccyx	🔲 ОВ Г		
(Includes PA & Chest)		☐ Metastatic Series		☐ S.I. Joints			
Sternum		☐ Arthritic Series		☐ AP Pelvis			
S.C. Joints		☐ Metabolic Series		Pelvis & Hip 🖪 🚨 🗒			
	BREAST	IMAGING (BY APPOINTMENT ONLY)		OB Follow Up			
□ MAMMOGRAPHY							
□ BREAST ULTRASOUND □ Right □ Left □ Bilateral					R L B Hip		
CLINICAL	INFORMAT	ION REQUIRED):		■ □ ■ Hamstring		
					® L B Knee		
					R L B Achilles		
					R L B Tendon R L B Ankle		
					B L B Foot		
					☐ ☐ ☐ Shoulder		
					® □ B Elbow		
					RLB Wrist		
Note: 24-hour notice is required to cancel an appointment					B □ B Other Muscle Area B □ B Other Soft Tissue		
or a \$50 charge will be billed to the patient.						Other Out Haade	
MD:						1 DECLARE THAT I AM NOT PRESENTLY PREGNANT	
Date:							
Date						SIGNATURE	

X-RAY ULTRASOUND BMD BARIUM STUDIES MAMOGRAPHY

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ULTRASOUND PREPARATIONS

ABDOMEN ULTRASOUND

- EAT A FAT FREE DINNER THE NIGHT BEFORE YOUR APPOINTMENT
- NO DAIRY PRODUCTS OR FRIED FOODS
- NO CARBONATED DRINKS 12 HOURS BEFORE YOUR APPOINTMENT
- NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE
- DO NOT EAT BREAKFAST

PELVIS ULTRASOUND (ALL TYPES)

- DRINK 4-5 GLASSES OF WATER OR CLEAR FLUID (WATER, JUICE, BLACK COFFEE OR BLACK TEA) TO BE FINISH ONE HOUR BEFORE YOUR APPOINTMENT TIME.
- DO NOT VOID A FULL BLADDER IS NECESSARY FOR THE EXAMINATION
- NO FASTING NECESSARY

ABDOMEN AND PELVIS ULTRASOUND TOGETHER

- EAT A FAT FREE DINNER THE NIGHT BEFORE YOUR APPOINTMENT
- NO DAIRY PRODUCTS OR FRIED FOODS
- NOTHING TO EAT AFTER MIDNIGHT THE NIGHT BEFORE
- DRINK 4-5 GLASSES OF WATER TO BE FINISH ONE HOUR BEFORE YOUR APPOINTMENT TIME.
- DO NOT VOID A FULL BLADDER IS NECESSARY FOR THE EXAMINATION

NO PREPARATION IS REQUIRED FOR FOLLOWING

- SCROTAL/TESTICULAR ULTRASOUND
- THYROID ULTRASOUND
- MUSCULOSKELETAL ULTRASOUND (ANY TYPE)

OBSTETRICAL ULTRASOUND

- FOR LESS THAN 12 WEEKS DRINK 4-5 GLASSES OF WATER OR CLEAR FLUID (WATER, JUICE, BLACK COFFEE OR BLACK TEA) TO BE FINISH ONE HOUR BEFORE YOUR APPOINTMENT TIME. YOU MUST EAT BREAKFAST/ LUNCH.
- FOR 12-18 WEEKS/ FOR OVER 18 WEEKS DRINK 2 GLASSES (OR 1 SMALL BOTTLE) OF CLEAR FLUID (WATER, JUICE, BLACK COFFEE OR BLACK TEA)
 TO BE FINISH ONE HOUR BEFORE YOUR APPOINTMENT TIME. YOU MUST EAT BREAKFAST/ LUNCH.

NUCHAL TRANSLUCENCY - IPS

- DRINK 3 GLASSES OF WATER OR CLEAR FLUID (WATER, JUICE, BLACK COFFEE OR BLACK TEA) TO BE FINISH ONE HOUR BEFORE YOUR APPOINTMENT TIME.
- YOU MUST BRING ALL THE PAPERS FROM YOUR DOCTOR (BLOOD WORK REQUISITION, I.P.S. SCREENING PAPER, ETC.) WITH YOU FOR YOUR APPOINTMENT

PROSTATE-TRANSRECTAL ULTRASOUND

- PURCHASE A **FLEET ENEMA** FROM THE PHARMACY AND FOLLOW THE INSTRUCTIONS IN THE PACKAGE
- SELF ADMINISTER THE ENEMA 2 HOURS BEFORE YOUR APPOINTMENT TIME
- DRINK 4-5 GLASSES OF WATER OR CLEAR FLUID (WATER, JUICE, BLACK COFFEE OR BLACK TEA) TO BE FINISH ONE HOUR BEFORE YOUR APPOINTMENT TIME.
- DO NOT VOID A FULL BLADDER IS NECESSARY FOR THE EXAMINATION

ALL BARIUM STUDIES

NOTHING TO EAT OR DRINK 12 HOURS PROR TO THE TEST

GENERAL INSTRUCTIONS

- 1. Please advise us if you are diabetic
- 2. Come to your appointment with an interpreter, if required 3. Young children must be accompanied by an adult
- Visit our web site **www.ontdc.com** for more information
- OHIP REQUIRES THAT YOU BRING YOUR CURRENT HEALTH CARD AND THIS REQUISITION, SIGNED BY YOUR PHYSICIAN



